

PHYSICAL VELOCITY ASSESSMENT: HITTERS

Your cohort

Male

16-18 years old

This report identifies whether building power or improving technique will unlock your biggest exit velocity gains. Your Physical Foundation represents the exit velocity your current power supports—comparing this to your actual exit velocity reveals whether your development opportunity is to focus on skill (mechanics) or physical power. Follow the report to access your personalized roadmap on page 2, and visit www.proteusmotion.com/report to learn more.

Self-reported Exit Velocity

81 mph

50th percentile vs HS batters

As reported by user on 3/11/26.

Physical Foundation

74 mph

35th percentile vs HS batters

You currently have the power foundation of a **74 mph** hitter.

Your Player Type



SKILL DOMINANT

Your hitting skill is **7 mph** ahead of your power.

Your Development Opportunity

Based on your Player Type **your focus should be:**

BUILD PHYSICAL POWER

You're maximizing what you have. Building your physical base will safely unlock velocity gains. You're already skilled—now let's build the engine to match.



Your hitting skill is 7 mph ahead of your power



Ensure grip strength is above 48 kg for this velocity level.

Movement Breakdown

● **ROTATE: 105** mph

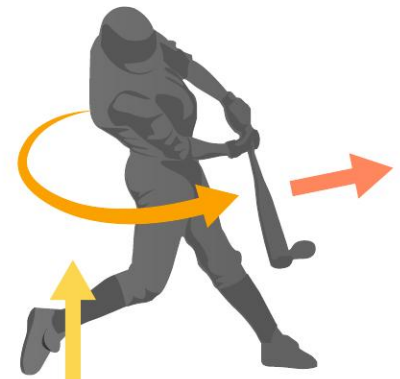
Your rotational power matches 105 mph hitters

● **DRIVE: 44** mph

Your drive power matches 44 mph hitters

● **THRUST: 74** mph

Your thrust power matches 74 mph hitters



● <25th percentile ● 25–50th percentile ● 50–75th percentile ● >75th percentile